
THE UNITED STATES DISTRICT COURT

DISTRICT OF UTAH

**M.V., individually and on behalf of R.V., a
minor,**

Plaintiff,

v.

**UNITED HEALTHCARE INSURANCE
COMPANY; UNITED BEHAVIORAL
HEALTH; ABBVIE VICE PRESIDENT
TOTAL REWARDS; and the ABBVIE
HEALTH CARE PLAN,**

Defendants.

**MEMORANDUM DECISION
AND ORDER**

Case No. 2:23-cv-00459-JNP-JCB

District Judge Jill N. Parrish

Magistrate Judge Jared C. Bennett

District Judge Jill N. Parrish referred this case to Magistrate Judge Jared C. Bennett under [28 U.S.C. § 636\(b\)\(1\)\(A\)](#).¹ Before the court is the parties' stipulated motion to permit Plaintiffs M.V. and R.V., a minor, (collectively, "Plaintiffs"), to proceed anonymously in this case.² For the reasons explained below, and based upon the parties' stipulation, the court grants the motion.

BACKGROUND

This case concerns Defendants' denial of benefits for R.V.'s mental health treatment for purportedly being not medically necessary.³ Plaintiffs' complaint provides a detailed account of the struggles R.V. went through as a minor, including but not limited to sending sexually explicit

¹ ECF No. 5.

² [ECF No. 24](#).

³ [ECF No. 1](#).

messages to adult men when R.V. was a minor, self-harming, threatening suicide, and experiencing auditory hallucinations.⁴ Plaintiffs presented extensive evidence from R.V.’s medical records in support of their appeals asserting R.V.’s treatment should have been covered by Defendants, including sensitive and personal information about R.V.’s mental health and substance abuse history as a minor.⁵

LEGAL STANDARDS

Under [Fed. R. Civ. P. 10](#), “[t]he title of the complaint must name all the parties.”⁶ With respect to minors, however, [Fed. R. Civ. P. 5.2](#) provides that they must be named by initials unless the court orders otherwise.⁷ No provision in the Federal Rules of Civil Procedure permits “suits by persons using fictitious names” or “anonymous plaintiffs.”⁸ However, “exceptional circumstances” may warrant “some form of anonymity in judicial proceedings.”⁹ Exceptional circumstances include those cases “involving matters of a highly sensitive and personal nature, real danger of physical harm, or where the injury litigated against would be incurred as a result of the disclosure of the plaintiff’s identity.”¹⁰ In deciding whether to preserve anonymity, the court weighs these exceptional circumstances against the public’s interest in access to legal

⁴ *See generally id.*

⁵ *See generally id.*

⁶ [Fed. R. Civ. P. 10\(a\)](#); *see also* [Fed. R. Civ. P. 17\(a\)](#).

⁷ [Fed. R. Civ. P. 5.2\(a\)\(3\)](#).

⁸ *Nat’l Commodity & Barter Ass’n, Nat’l Commodity Exch. v. Gibbs*, 886 F.2d 1240, 1245 (10th Cir. 1989).

⁹ *Femedeer v. Haun*, 227 F.3d 1244, 1246 (10th Cir. 2000).

¹⁰ *Id.* (quotations and citation omitted).

proceedings.¹¹ Courts enjoy “discretion [in] allow[ing] a plaintiff to proceed using a pseudonym.”¹² If a court grants permission for plaintiffs to proceed anonymously, “it is often with the requirement that the real names of the plaintiffs be disclosed to the defense and the court but kept under seal thereafter.”¹³ When no permission is granted, “the federal courts lack jurisdiction over the unnamed parties, as a case has not been commenced with respect to them.”¹⁴

ANALYSIS

I. The Court Grants Plaintiffs’ Stipulated Motion to Proceed Anonymously.

The court grants Plaintiffs’ stipulated motion to proceed anonymously because this case implicates “exceptional circumstances” the Tenth Circuit and Rule 5.2 recognize as warranting anonymity. Several reasons weigh in favor of protecting Plaintiffs’ identities in this matter. The court takes each in turn.

First, the medical records and treatment at issue in this case refer almost exclusively to R.V.’s struggles before the age of 18. Rule 5.2(a)(3) requires litigants to protect the identity of minors by, at minimum, using only the minor in question’s initials when filing their pleadings. Although R.V. is no longer under the age of 18, courts recognize the appropriateness of preventing the names of children from being disclosed past the date they reach majority,

¹¹ *Id.*

¹² *U.S. Dep’t of Just. v. Utah Dep’t of Com.*, No. 2:16-cv-00611-DN-DBP, 2017 WL 963203, at *1 (D. Utah Mar. 10, 2007) (citing *Lindsey v. Dayton-Hudson Corp.*, 592 F.2d 1118, 1125 (10th Cir. 1979)).

¹³ *W.N.J. v. Yocom*, 257 F.3d 1171, 1172 (10th Cir. 2001).

¹⁴ *Id.* (quotations and citation omitted).

particularly where they may be burdened in adulthood by their actions as minors.¹⁵ Accordingly, Plaintiffs filed their complaint using R.V.’s initials to protect R.V.’s identity. Though M.V. was not a minor at any relevant time, disclosure of M.V.’s full name would have the impact of revealing R.V.’s identity and thus would violate the spirit of Rule 5.2(a)(3) and the policies preventing disclosure of records relating to minors.¹⁶

Second, a substantial portion of the record in this case is comprised of R.V.’s protected health information and records relating to R.V.’s treatment. Even absent any discussion of R.V.’s age in this case, these records are protected from public disclosure by HIPAA.¹⁷ Moreover, highly sensitive and personal medical issues experienced by R.V. constitute an “exceptional circumstance” that weighs against the disclosure of Plaintiffs’ identities.

Finally, Plaintiffs’ identities are known to Defendants, as Defendants were ERISA administrators for the insurance plan that provided coverage for R.V. Consequently, allowing Plaintiffs to proceed anonymously does not prejudice Defendants.

¹⁵ See, e.g., *N.E. v. Blue Cross Blue Shield of N.C.*, No. 1:21CV684, 2023 WL 2696834, at *15 (M.D.N.C. Feb. 24, 2023) (providing, in another ERISA case concerning mental health care, that “although [the plaintiff] is no longer a minor, [he] was a minor when the facts underlying this case occurred, which also weighs in favor of protecting his identity and by extension, [his parent’s] identity”); *Doe v. USD No. 237*, No. 16-cv-2801-JWL-TJJ, 2017 WL 3839416, *11 (D. Kan. Sept. 1, 2017) (concluding that “[t]he fact that Doe was a minor at all times material to the allegations of the complaint is at the forefront of the [c]ourt’s analysis” when considering whether Doe should be allowed to proceed anonymously).

¹⁶ See, e.g., *S.E.S. v. Galena Unified Sch. Dist. No. 499*, No. 18-2042-DDC-GEB, 2018 WL 3389878, at *2 (D. Kan. July 12, 2018) (concluding that although adult parents do not enjoy a heightened privacy interest themselves, a child “and his parents share common privacy interests based on their inseparable relationship to one another,” and “[o]rdering disclosure of the parent[s’] identities would place—in effect—personally identifiable and confidential information about the . . . minor in the public record”).

¹⁷ 42 U.S.C. § 1320d *et seq.*

In sum, the public interest in access to Plaintiffs' identities appears relatively limited compared to the interest in protecting Plaintiffs' identities and matters of a highly sensitive and personal nature. Therefore, the court concludes that Plaintiffs should be permitted to proceed anonymously.

CONCLUSION AND ORDER

For the reasons stated above, the court HEREBY ORDERS:

1. The parties' stipulated motion to permit Plaintiffs to proceed anonymously¹⁸ is GRANTED.
2. On or before February 25, 2025, Plaintiffs must file under seal with the court a document containing Plaintiffs' full names. That filing shall remain under seal unless otherwise ordered.¹⁹

IT IS SO ORDERED.

DATED this 11th day of February 2025.

BY THE COURT:



JARED C. BENNETT
United States Magistrate Judge

¹⁸ ECF No. 24.

¹⁹ *W.N.J.*, 257 F.3d at 1171 (“If a court grants permission [to proceed pseudonymously], it is often with the requirement that the real names of the plaintiffs be disclosed to the defense and the court but kept under seal thereafter.”).